

# Locations

## Hot Springs

407 Carson Street  
501.624.6468

## Malvern

1625 S. Main Street  
501.337.7622

## Fordyce

1717 Industrial Drive  
870.352.7975

## Glenwood

167 South Spur Eight  
870.356.3622

### Connect With Us



[firststeparkansas.com](http://firststeparkansas.com)



## About First Step

Established in 1958, First Step began serving a handful of children and adults in Garland County. Today, over 1,000 children and adults, from 27 counties throughout Arkansas, use our developmental and therapeutic services.

At First Step, we envision a world where individuals with developmental disabilities are empowered to live fulfilling, independent lives, fully integrated into their communities. We passionately strive to be a beacon of hope, support, and guidance for people with developmental disabilities and their families. We aim to make a lasting, transformative impact on the lives of those we serve and support those who serve.



**making a difference  
in your community**

[www.FirstStepArkansas.com](http://www.FirstStepArkansas.com)



# First Step Services

First Step offers a variety of home and community-based services for children and adults with developmental delays, disabilities, and special needs. After being referred by a primary care physician, First Step performs a comprehensive evaluation to help determine the individualized services needed. We provide resources to support the individual, their family members, and caregivers.



## Children's Services

**First Connections** provides early intervention, or developmental services, for eligible infants and toddlers age birth to 36 months. This includes health and medical services as well as therapy services.

**Early Intervention Day Treatment (EIDT)** offers inclusive developmental preschools, serving children ages 18 months to 6 years old with and without developmental disabilities, special needs, and autism. This program provides special instruction through daily skill sessions and specialized services with a high staff to student ratio.

**School Age** program provides an environment for children ages 5 to 21 years old to learn independent skills enabling them to function at the best of their abilities. Our certified special education teachers and Early Childhood Development Specialists work with every child to bring about the highest levels of independence.

## Therapy Services

Our licensed therapists evaluate and design programs to meet each specific need. We serve children, beginning at birth, who have developmental delays and required short- or long-term intervention. If detected early, many delays can be corrected. Treatment can be received in conjunction with EIDT or standalone by appointment.

**Speech-Language Therapy:** Assessment and treatment to address language, articulation, hearing, voice, fluency, and feeding skills.

**Physical Therapy:** Evaluation, assessment, and treatment of individuals with limitations in functional mobility and gross motor skills (sitting, standing, walking, climbing, etc.). Most equipment and orthotic devices can be fitted on site.

**Occupational Therapy:** Assistance for individuals with limitations in fine motor skills, visual motor tasks, and sensory processing.

## Intermediate Care Facility (ICF)

Our ICF houses adolescents who require a more structured environment than is allowed by their home setting. The ICF is a community-based residential program that accepts referrals beginning at age 8. To qualify, consumers must have a diagnosis of moderate or mild intellectual disability or be on the autism spectrum. The ICF offers our residents a spacious, caring environment that is staffed round the clock.

## Applied Behavior Analysis (ABA)

ABA is a therapeutic treatment based on the science of learning and behavior for autism spectrum disorder (ASD). The goal of this program is to help individuals work on skills that will help them become more independent and successful in the short term as well as in the future. Treatment is based on the age and ability level of the person with ASD.

## Personal Care Services

This program is designed to help families with special needs. Our caregivers administer essential one-on-one in-home services to assist clients with basic living needs such as bathing, dressing, grooming, meal preparation, and medication management.



## Adult Services

**Adult Developmental Day Treatment (ADDT)** assists adults with developmental disabilities learn to live as independently as possible.

**On Our Own** program has group homes and individual apartment living that provide individuals with greater independence. Varied levels of support are available based on need.

**Supported Employment** provides our adult clients with job counseling and coaching to develop good work habits, training to learn various skills, and placement with employers in our community.

## Community and Employment Support (CES) Waiver Services

This program offers services to support individuals with intellectual or developmental disabilities (IDD) with all major life activities. The goal of the waiver is to help individuals with IDD live in the community rather than in an institutional setting such as a nursing home or Intermediate Care Facility. The program promotes inclusion for clients through community experiences and provides care coordination for getting services.